

## COMPARISON OF BODY SCULPTING METHODS

	VASER Awake Liposculpture	Laser Lipolysis (Cool Lipo or Smart Lipo)	Lipodissolve	Traditional Liposuction
How is it done?	VASER is awake office liposculpture through tiny incisions, smaller than your little fingernail. It spares most of your nerves and blood vessels, using ultrasound technology to liquefy fat	Done through tiny incisions, the size of a needle, a laser probe is placed just under the surface of the skin, and into small pockets of fat	A series of up to 6 sets of injections. A mesogun is used to inject phosphatidylcholine and deoxycholine into the fat, breaking it down and dissolving it. Your body then removes it.	Larger incisions, and a fairly large cannula, moved back and forth under general anesthetic to remove large volumes of fat
Where is it done?	Office	Office	Office	Surgical Suite
Anesthesia	Local	Local	Local	General OR IV sedation
Pain during procedure	None to minimal	None to minimal	Moderate	Moderate to intense if general or IV sedation not used
What does it do?	Removes up to 3 liters of fat, great for "debulking" moderate amounts of fat	Tightens skin, improves stretch marks and cellulite, removes small areas of fat	Modest fat removal, modest skin tightening, evening out of ridges after traditional liposuction	Removes moderate to large areas of fat
Recovery	Minimal, usually need lighter activity for 1-2 weeks afterward	Minimal, often back to usual activities the next day	Minimal, but will have swelling and bruising	Often 6 weeks
Complications	Rare	Rare	Rare	More common
Cost	Less than traditional liposuction	Less than traditional liposuction; much less if added on to Vaser	The least expensive	The most expensive